

IN CASE OF EMERGENCY:

If you or someone you know is in immediate danger of hurting themselves or others, contact **911**



HELP!

- National SUICIDE PREVENTION LIFELINE
[1-800-273-TALK \(8255\)](tel:1-800-273-TALK)
<https://suicidepreventionlifeline.org/>
- Crisis Text Line
Text HOME to [741741](tel:741741)
<https://www.crisistextline.org/>
- San Joaquin County Crisis Line
[\(209\)468-8686](tel:(209)468-8686)
- San Joaquin County Youth Warm Line
[\(209\) 468-3685](tel:(209)468-3685)
- Trevor Project
[1-866-488-7386](tel:1-866-488-7386)
Text START to [678678](tel:678678)
www.thetrevorproject.org
- SUSD School Counselors
www.stocktonusd.net/counselors
- SUSD Mental Health & Behavior Support Services
www.stocktonusd.net/mhbss
- Child Abuse Hotline
[1-800-4-ACHILD \(224453\)](tel:1-800-4-ACHILD)
ChildHelp.org
- National Domestic Violence Hotline
[1-800-799-SAFE \(7233\)](tel:1-800-799-SAFE)
Text LOVE IS to [22522](tel:22522)
<https://www.thehotline.org/help/>